

## Our Blended Family is Stuck On Grind!

If you're too young to remember the Brady Bunch, picture the idyllic charm of those fascinating stories you sometimes hear where a cat and a crow become best friends, or a dog adopts a bunny. Although these species are quite different, they somehow work out this beautiful, mutually satisfying living arrangement. It's easy to see how we formulate this expectation that blending kids from two different households should be a walk in the park. After all, we love our new spouse, they love us, we both have children, ergo, our children should also love our new spouse and all the other children as well. Logical, right? Possible, yes. Probable, NO!

If your family blending resembles more of an exasperating grinding, step one is to push the pause button. Realize that blending families isn't like pouring dissolvable ingredients into a moist cake batter. It's more like making trail mix cookies - there's no wrong edible ingredient you can put in the cookie, yet each ingredient **will** change the flavor!

The process of creating an entirely new family picture with "images" (kids) that have no history of being together, that are sometimes under one roof and sometimes not, and whose positions have been rearranged (i.e., the oldest is now a middle child) takes MUCH finesse. Even when the love a parent has for the child(ren) is well communicated to them, a myriad of other factors can keep emotional walls high.

Here's the deal: we can't guarantee to make you successful in blending your families. But we *can* provide tools to give you a great shot at it! Ultimately, success is actually the child's choice, not yours.

If this is an area you're struggling with, we'd love to share some helpful strategies with you. This is a big deal, and one that affects more than just you. Give yourselves every chance to make it great! [Contact Us](#) and get started today!

