

FORGIVING - WHY SHOULD I?

Has anyone ever done something hurtful to you? Since the answer to that question is universally "Yes!" are you wondering why YOU should be the one to address the hurt? Here's the answer: choosing to forgive is one of the healthiest things you can do **for yourself!** It's a way to close the door on wasted anger and free yourself from the deceit of vindictiveness. It also dares you to imagine a better, different future! It builds confidence in your ability to rise above. AND it creates a positive chain reaction in your physical body. So the question then becomes, "Why shouldn't I?"

You might have figured out that saying the words, "I forgive you" may be a one-time, instantly occurring event, but *living it out* is more often a **process** - not something we say once, then get over or forget about. At Devoted to You we have a step-by-step process to help you successfully walk through that forgiveness process. We take the complications and excuses out of unforgiveness and lead you to the benefits forgiveness brings.

Forgiveness -- it's simple; it's a choice; and it's healing. Find freedom from the prison of bitterness, hatred, and resentment, and choose to live a life filled with *explosive* love! Let us take you through the passageway to forgiveness. [Contact Us](#) and start today!